

North Coast Multisports, Inc Presents
Emerald Crossings 4 Mile Trail Run
Euphoria 1 Mile Trail Run

DATE: Saturday, May 5, 2012

Times: 4 Mile- 9:00am 1 Mile 8:30 am

Plenty of Mud for everyone!

⊕ Premium Tech Shirts to all registered by May 1, 2012

⊕ 3 Loop 4 Mile Course

Day of Race Location: Emerald Corporate Park

20445 Emerald Parkway, Cleveland, Ohio located off Grayton Rd & I-480

Awards: Top three Male & Female Overall – Top three age group

Online Registration: www.imathlete.com/events/EmeraldCrossingsTrailRun

Race Day Registration: 6:30 am at Hilton Garden Inn - Airport

Cost: \$20.00 before 12/31/2011 - \$25.00 after

1 Mile - \$10.00 before 12/31/2011 - \$13.00 after

For more information call North Coast Multisports 330-686-0993

www.ncmultisports.com or Email: NCMultisports@aol.com

Last Name _____ First Name _____

Address _____ City _____ State _____ Zip _____

Date of Birth _____ Age _____ Male _____ Female _____

Phone Number _____ E-mail _____

Shirt Size: Adult S ___ M ___ L ___ XL ___ Circle One: 4 Mile 1 Mile

Enclose a check payable to: Emerald Crossings Trail Run
Mail check to: North Coast Multisports, P.O. Box 2512, Stow, Ohio 44224

Emerald Crossings Trail Run – Athlete Waiver – Read Carefully

I know that running is a potential hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability and safely compete. I assume all risks associated with running including, but not limited to, falls, contact with other participants, the effects of the weather, traffic and the condition of the roads and trails, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I for myself and anyone entitled to act on my behalf, waive and release the Amsdell Companies, Emerald Research Park, LTD, The City of Cleveland, North Coast Multisports, Inc., North Coast Road Runners Club, RRCA, and all sponsors, their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also give my permission for the free use of my name and/or picture in any marketing materials.

Signature _____ Date _____

Parent or Guardian (if entrant if under 18 years)

Parent/Guardian _____ Date _____

Note: Because of insurance limitations, baby joggers, strollers, roller blades, etc. will not be allowed on the course. Only runners and competitive entrants will be allowed. The race directors reserve the right to refuse any entry.

Signature _____ Date _____
(Parent's signature if under 18 years old)

Payment -